

If your circumstances are such that you need more support than your Pastoral Friend can offer, they will recommend you speak with one of the Ministers who can either support you personally or offer help through another member of the Care Team.

We are not experts in every area of life. Sometimes we will need to signpost you to specific counselling and/or support groups so that you don't feel alone.

Who do I contact for help?

Pastoral Care Team Leader – Judy Shaw

Small Groups Team Leader – Peter Howlett

Prayer Chain Co-ordinator – Judy Shaw

Prayer Ministry Team Leader – Paul Vaswani

Life Skill Courses Administrator – Karen Clarke

Minister for Pastoral Care—Astrid Vaswani

All of the above can be contacted through the church office

e: office@thornhillbc.org.uk

t: 02380 464121

Can I join the Team?

If you want to get involved we will equip you. The pastoral team undergo regular safeguarding training. They are also encouraged to attend life skill courses and our more formal pastoral care training courses; Just Listen and More than a Listening Ear.

CHAT TO US...

About anything in this leaflet.



Astrid Vaswani

Astrid is our Community and Pastoral Minister

m: 07952 904052

e: astrid@thornhillbc.org.uk

Paul Vaswani

Paul is our Ministry Team Leader and Youth Minister

m: 07866 108163

e: paul@thornhillbc.org.uk



Ellen Vargeson

Ellen is our Children and Families Worker

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PASTORAL CARE at Thornhill Baptist Church

We want everyone to feel welcome, accepted, valued and loved at TBC. But we also want everyone to feel supported as they experience the ups of and downs of life. Although we will have support networks in the form of family and friends we know that sometimes we need something more or something outside of our natural support networks. This is when our more formal pastoral care system can help.

CONTACT US

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Thornhill Park Road, SO18 5TR
(02380) 464121

www.thornhillbc.org.uk
office@thornhillbc.org.uk


THORNHILL
Baptist Church

PASTORAL CARE

Our pastoral goal is transformation, and this is best done when we share our lives with others. We believe that the Bible encourages us to find opportunities to help those around us as well as receive help if we are going to grow and develop faith in our everyday lives.

Our Sunday teaching and Small Group ministry looks to encourage us to live a life which reflects the values, principles and truths of the Bible. Our Pastoral Care Team looks to do the same as they journey with you through your circumstances.



Values

We encourage mutual care because we everyone has something to give as well as a need to receive

We welcome people as they are because we are all on a journey and not at the same point along the way

We offer safe spaces for people to be real even if it's messy because we understand we can't always immediately 'fix' things

We value the gift of listening to each other because we recognise in today's world it can be hard to be heard

We encourage humility, apology, repentance and forgiveness because these are in keeping with the values, principles and truth which are in the Bible

We encourage healthy boundaries in our pastoral care because unhealthy dependence stunts our growth.

How is Pastoral Care Structured?

Level One Care

The BEST pastoral care comes from being part of a **SMALL GROUP** Pick up a leaflet for more details

Periodically we run **LIFE SKILL** courses Details are on our website and welcome desk

Level Two Care

For one to one care speak to the Pastoral Minister about support from a **PASTORAL FRIEND** or for a pastoral appointment with a Minister

Level Three Care

We will signpost you to other sources of support when needs are beyond the scope of our resources or expertise

Sunday Ministry

Being a regular part of our worshipping community is a vital part of pastoral care. It connects us to each other through shared teaching and worship, prayer ministry as well as social interaction over a cup of coffee or tea.

Prayer

We have a healing prayer chain for urgent and ongoing needs. Prayer ministry is also available Sundays and mid week

For many of us the first and most general level of care is found by belonging to a Small Group. If you aren't connected with a group do pick up a copy of our Small Groups leaflet.

However, the conversations we have in a group setting are different to those we have one to one. We endeavour to match everyone up with a Pastoral Friend who will regularly ask you how you are doing and to whom you can chat to if you need extra support, encouragement or are as we go through the ups and downs of life.